



Reception



The Jigsaw 'Changing Me' materials will be delivered to all classes as a daily focus during the week commencing Monday 26th June 2023. During this week, children will receive the teaching from their current year group and the teaching from their previous year group to ensure that important concepts are not missed and that we are retaining a curriculum that builds upon previous knowledge.

All lessons are delivered by familiar school staff to ensure that the safe and secure learning environment that has been established across the school year can be maintained.

My Body

I can name parts of the body

During this session, children will talk about and label parts of the body including:

Eye, ear, knee, finger, foot, mouth, nose, stomach, eyebrow, arm, tongue, toe, forehead, chest, hand and leg.

To support with this at home you could: Talk about the senses can they find things that taste, smell, touch, look, hear nice/horrible and talk about why.

Respecting My Body

I can tell you some things I can do and some food I can eat to be healthy

To support with this at home you could: Talk about your favourite meals, what you like to do that keeps your body healthy at home

Draw/take pictures of your favourite things to do at home

Growing Up

I understand that we all grow from babies to adults

To support with this at home you could: Share pictures from when parents and other family members were young with your child. Discuss how they have grown up.

All of our PHSE and RSHE lessons are taught in line with our PSHE and RSE policies which can be found on the school website.

Should you have any questions or queries regarding the teaching of the Relationships, Sex and Health Education curriculum, please speak to your child's class teacher in the first instance. Mrs Duxbury (PSHE Lead and Head of School) is also available to discuss any issues arising with you.