# **CAMPAIGN** YOUNG PEOPLE: SUICIDE PREVENTION

You do not need to struggle alone, help and support is available right now if you need it.



We identified during the Covid-19 pandemic that young people are an audience we need to target.

Mental health and incidence of suicide have been reported amongst young people so a social media campaign around suicide prevention targeted at young people was developed. Messages focused on promoting crisis support, general help and positive messages about looking after yourself/someone else.

Concern was raised that frequently used advertising channels like Facebook would not reach the right audience or be as impactful as young people are less likely to use this channel. Therefore, a paid advertising campaign was created using new channels including Snapchat, Spotify and Instagram.

#### CAMPAIGN ARTICLE



### SIGNPOSTING

The following WCC URL was signposted to, alongside links to national and local services:

https://www.warwickshire.gov.uk/mentalhealth

# 1,275 views

Webpage views between 25 June - 24 July

# +30%

Increase in webpage visits compared to the previous month.

#### OBJECTIVES

- to raise awareness of the mental health/suicide prevention support available to young people during covid-19
- to raise awareness of the RISE crisis hotline/stay alive app
- to target parents/friends who may be worried about someone – make sure people are aware of the services and support available
- to encourage young people to share messages of support and solidarity.

### WARWICKSHIRE YOUTH

Videos were created and shared by the Youth Council and Stratford Youth Forum to raise awareness about the support available for young people and to tell other young people that it's okay not to feel okay.

The videos can viewed below: <u>Youth Council video</u> <u>Stratford Youth Forum video</u>

### 300+ organic views







## SOCIAL MEDIA (PAID CAMPAIGN)

To reach young people, and to raise awareness of the mental health/suicide prevention support available to young people during Covid-19, we explored different social media channels that the council had not used in the past, including Snapchat and Spotify.

In response, created were two animations, one targeted at girls another to boys, which signposted young people to the 24/7 RISE crisis hotline, Stay alive app and emergency numbers. For Spotify, an ad was created using similar wording to the animations and the same signposting.

# £3000

#### TOTAL BUDGET



